Neo Cortex -

The 'Thinking' Brain

Left

Right

Words Patterns

Sequences

Analysis

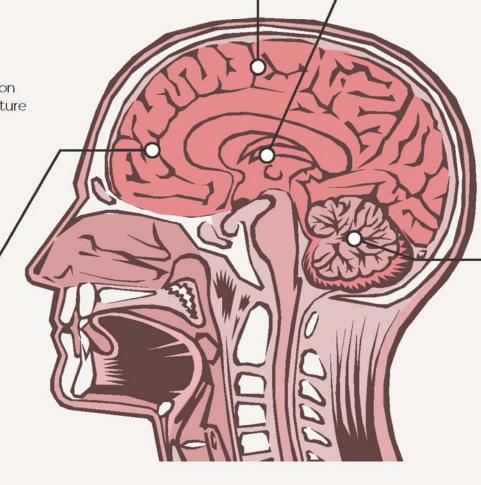
Creativity Imagination Whole Picture

Prefrontal Cortex

The 'Mindful' Brain

Body Regulation
Attuned Communication
Fear Modulation
Response Flexibility
Insight
Empathy
Moral Awareness

Intuition



Limbic Brain

The 'Feeling' Brain

Five Senses Connection Emotional Memory Context

Reptilian Brain

The 'Survival' Brain

Basic Body Systems Desire to avoid harm Fight/flight/fright Knee-jerk response Instinct

